

Family Peer Specialist Activities for Waterbury and Torrington

My Priority for Both Areas

Members and their families come first.

Some members and families want telephone contact only. Others I have met in their homes, in the community, at the Emergency Room or at a facility even if outside the geographic area. I also attend meetings at the request of the member or family or as a representative for the family; i.e. Managed Service System, Treatment Planning, Discharge Planning, Child Specific Team and meetings with DCF.

Internal Activities

- Peer Representative with the Residential Care Team (RCT)
- Peer Representative with the Quality of Care Committee
- Participate in the various Clinical and Intensive Care Referral Rounds
- Participate in the Peer Unit Rounds

Outreach Activities

Attend the Family Focus Partnership collaborative in Waterbury and the Northwest Caring Connection in Torrington to:

- Network with parents and providers
- Gather resources
- Bring referrals back
- Integrate myself into the community
- Be an active member of one of their sub-committees

Address the Peer Activities for the Local Area Development Plans

Attend various support groups to acquaint myself with the groups in the area

Held a focus group for the Foster Care Family Support Group in Torrington to listen to concerns, to hear about the resources that work best, and the training needs for foster families.

Attended *Moving Beyond Diversity 101*, a multicultural training, sponsored by the Northwest Caring Connection Collaborative. The goal of the training is to increase awareness of cultures, multicultural competencies and to further collaboration.

Waterbury Sub-Committee

- The focus is to increase the meaningful role of parents and caregivers in the Local System of Care
- We are working on the following activities:
 - To increase the number of parents and caregivers who attend the collaborative
 - To distribute the Welcome Packet to new members
 - To assist the growth of the “Together We Shine” support group for parents and caregivers

Together We Shine Support Group in Waterbury

The Sub-Committee will assist the support group by:

- The Sub-Committee will attend and be a resource to the support group until the facilitator can do it on her own
- Distribute support group flyers
- Each bringing one new person to the support group
- Bringing in presentations and trainings
- Working on funding by contacting the local foundation

Torrington Sub-Committee

- The name of the Sub-Committee is the Family Community Partnership for which I am the co-chair. The focus is to empower parents and to bring parents to the collaborative.
- We are working on the following activity:
 - Having Parent Breakfasts to provide training, the first to be held in June. We will be developing a flyer and then distributing them for the event.

NAMI-CAN Support Group in Torrington

- The goal is to have a parent run support group as a provider is now the facilitator.
- The group plans:
 - To identify a facilitator
 - To bring in presentations and trainings
 - To increase and maintain attendance
 - To work on locating funding to provide child care

Peer LADP Responsibilities for Waterbury and Torrington

Waterbury and Torrington:

- Seek out and identify community resources that can support youth and families.
- Assist in bringing CT BHP members to the collaboratives and to serve as a mentor to these members at the meetings
- Support the growth of a support group in each area
- Serve on a sub-committee for each collaborative

Waterbury Only:

- Compile the resources into a resource manual and then distribute these manuals

Torrington Only:

- Support the parent breakfasts